



The City of Westlake Community Run is a special event for the whole family being hosted by the Recreation Department and held in conjunction with the Annual Safety & Wellness Day. Come out and enjoy a run or walk through the beautiful City of Westlake and then stay for the Fair! Race begins and ends on the Recreation Center Campus. There will be a timed 5K Run and Speed Walking Division along with an untimed 1-Mile Walk beginning at 8:30am. There will be post-race refreshments, snacks and an awards ceremony. Race shirt will be provided for anyone registering by 9/4/23. Event goody bags guaranteed for the first 150 registered. This event will also include an Inflatable and DJ. Stay for the Safety & Wellness Fair starting at 10:00am at the Westlake Recreation Center! The fair is hosted by University Hospitals and the City of Westlake. Additional information regarding the fair will be available online soon at [www.cityofwestlake.org/recreation](http://www.cityofwestlake.org/recreation).

**Start Time**

- 7:30am - Registration / Packet Pick-Up
- 8:30am - 5k Run/Walk, Speed Walk and 1 Mile Fun Walk

**Fees**

- Pre-Registration thru September 4, 2023
  - 5k / Timed Speed Walk - \$30
  - 1-Mile Walk - \$20
  - Children 5 & Under are Free
- September 5, 2023 thru Race Day
  - 5k / Timed Speed Walk - \$35
  - 1-Mile Walk - \$25

**Awards**

- All pre-registered 5k participants 10 & under will receive participation medals.
- Top overall male & female as well as 5k racers finishing in the top 3 in each age group.
  - **Age Groups:** 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 & over
- Speed Walk – Top 3 men and Top 3 women overall. No age groups.
  - Speed walking differs from running in that it requires the competitor to maintain contact with the ground at all times and requires the leading leg to be straightened as the foot makes contact with the ground. It must remain straightened until the leg passes under the body.

**Sponsored By:**



Go to [hermescleland.com](http://hermescleland.com) or follow the QR Code for Race Information and to Register Online!



Name: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_ DOB: \_\_\_\_\_ Male / Female

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Race Type:**

**T-Shirt Size:**

5k Run   Speed Walk   1 Mile Walk

YS   YM   YL   AS   AM   AL   AXL   AXXL

**Turn over to sign Race Waiver**

**Send Application and Payment to:**

Hermes Sports & Events  
2425 West 11th St. Suite #2  
Cleveland, Ohio 44113  
(216) 623-9933

**Sponsorship Opportunities Available:**

Contact Westlake Recreation: Richie Brown  
440-617-4161  
rbrown@cityofwestlake.org  
[www.cityofwestlake.org/recreation](http://www.cityofwestlake.org/recreation)

In consideration of you accepting this entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all rights and claims for damages or injuries that I may have against the City of Westlake, Event Director, RunSignup.com, and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees.

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which I might have based on any of those and other risks typically found in running a road race. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any race official relative to my ability to safely complete the run. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition.

In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to the Event Director to secure from any accredited hospital, clinic and/ or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me including but not limited to medical transport, medications, treatment and hospitalization.

As it applies to my participation in this race, I agree to abide by the Center for Disease Control (CDC)'s recommendations for the prevention of the spread of COVID-19 and attest to having read the CDC's guidance at: <https://www.cdc.gov>. I also agree to abide by any COVID-19 distancing and other safety guidelines issued by the state, the community or by this race for my participation in this race.

Further, I grant permission to all the foregoing to use my name, voice and images of myself in any photographs, motion pictures, results, publications or any other print, videographic or electronic recording of this event for legitimate purposes.

This event follows the standard running industry policy: All entry fees are non-refundable. We reserve the right to postpone or cancel the event due to circumstances beyond our control such as a natural disaster or emergency or as required to protect the safety of participants and staff. No refunds will be issued under these circumstances. We reserve the right to change the details of the event without prior notice. I understand that my entry fee is nonrefundable and bib numbers are non transferable.

By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above release and waiver including the no refund policy.

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Signature of Participant (or Parent/Legal Guardian if Participant is under 18 years of age)

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Date